



DEVELOPING VOICE SKILLS

"Voice projection has given me more confidence and helped me appear more professional. Tutor was superb".

LAWYER

Kate Lee coaches voice, presentation and spoken communication skills to groups and individuals in businesses nation-wide. A qualified voice coach, twenty years as an actress and nearly a decade delivering training, she has wide-ranging insight into the power and influence of the human voice.

Mastery of our voice is a powerful tool.

Usually we become aware of our voice when we are asked to make presentations, or speak in public. But whatever our work or business, most of us relate to others by talking - using our voice and speaking skills. We often take this for granted - we rarely give our 'talk' a second thought. And yet, how we use our voice influences what others think and feel about us. In fact how we use our voice influences our own behaviour - how we look, sit, stand and move. And how we use our voice even influences our choice of words.

VOICE DEVELOPMENT PROGRAMMES

- **Breathing Skills** - probably the most useful skill any of us can learn. Imagine having the ability to instantly calm us, change our thoughts or reduce pain. Sounds amazing doesn't it - but it's simple and we can all learn it. It's rather important for our voice use too!
- Voice projection, energising, control and confidence.
- Developing tones (authority, maturity, presence, pitch etc.).
- Voice care and relaxation for speaking.
- Speaking techniques (pace, clarity, diction and speech characteristics).
- Putting it into practice.
- Postural, physical and psychological influences over the voice.

Vocal coaching is personalised for each client, group or individual, and we do, of course, exercise strict confidentiality. We work together to give you voice skills to develop and use for the rest of your life.

KATE LEE COMMUNICATIONS

Kate Lee (NCSA Dip Ed. LRAM, LUDDA) studied voice and speech at New College of Speech and Drama, London and went on to enjoy twenty years as a successful actress in radio, theatre and TV. She was a familiar voice on Radio 4 for many years and her voice has been used for hundreds of commercials, voice-overs and audio books. Eight years ago she set up her own training company specialising in spoken communication skills and has worked with businesses nation-wide including Natwest, Midland Mainline, Eurotunnel, Abbey National, Norwich Union, HSBC and many more. She is a leading coach within the broadcasting industry, training for both the commercial sector and the BBC.

"Excellent on breathing and voice skills. First Class." SALES DIRECTOR

"Wonderfully relaxing, helped tremendously with speech projection." BOOTS AREA MANAGER